

# JUSTIN A. LAVNER

**OFFICE** Department of Psychology  
University of Georgia (UGA)  
Athens, GA 30602-3013  
Office: 706.542.3033  
Email: lavner@uga.edu

## EDUCATION

2014 Ph.D., Clinical Psychology, University of California, Los Angeles (UCLA)  
Minor: Social Psychology

2013 - 2014 Clinical Psychology Intern, San Diego VA / University of California, San Diego

2007 M.A., Clinical Psychology, University of California, Los Angeles

2006 B.A., with Highest Honors in Psychology, Williams College  
*Magna cum laude, Phi Beta Kappa*

## ACADEMIC POSITIONS

2019 - Associate Professor, Department of Psychology, University of Georgia

2015 - Affiliate Faculty, Center for Family Research, University of Georgia

2014 - Affiliate Faculty, Institute for Women's Studies, University of Georgia

2014 - 2019 Assistant Professor, Department of Psychology, University of Georgia

## HONORS AND AWARDS

2019 Charles B. Knapp Early Career Scholar Award, University of Georgia

2019 Teaching Award, UGA Clinical Psychology Program

2018 Research Award, UGA Clinical Psychology Program

2017 Rising Star, Association for Psychological Science (APS)

2017 Fellow, Owens Institute for Behavioral Research, University of Georgia

2017 J. Hatten Howard III Honors Professor Award, UGA Honors Program

2016 Clinical Supervision Award, UGA Clinical Psychology Program

2012 Teaching Fellow, UCLA LGBT Studies Program

2012 Senior Scientist Practitioner Award, UCLA Clinical Psychology Program

2011 Student Poster Award, Society for Child and Family Policy and Practice,  
American Psychological Association

2010 - 2013 Graduate Research Fellowship, National Science Foundation (\$120,000)

2006 - 2009 National Science Foundation IGERT Traineeship, UCLA Interdisciplinary Relationship Science Program (\$120,000)

## EXTRAMURAL GRANTS

2018 - 2023 *Using a Randomized Prevention Trial to Understand the Health Benefits of Supportive Couple Relationships among Rural African American Adults*. National Institute on Aging (R01AG059260).  
Role: Co-Investigator (PI: S. R. H. Beach)  
Total direct costs: \$2,274,814

2017 - 2021 *Responsive Parenting, Sleep, and Rapid Weight Gain among African American Infants*. National Institute of Diabetes and Digestive and Kidney Diseases (R01DK112874).  
Role: Principal Investigator (was co-PI with L. L. Birch)  
Total direct costs: \$1,834,538

2016 - 2019 *UGA SBIRT Interprofessional Training Program*. Substance Abuse and Mental Health Services (1H79TI026457-01).  
Role: Co-Investigator (PI: A. Abraham)  
Total direct costs: \$826,570

## PUBLICATIONS

(† indicates student co-author)

### Peer-Reviewed Articles

1. Barton, A. W., **Lavner, J. A.**, Stanley, S. M., Johnson, M. D., & Rhoades, G. K. (in press). "Will you complete this survey too?" Differences between individual versus dyadic samples in romantic relationship research. *Journal of Family Psychology*. doi:10.1037/fam0000583
2. Du, H., Bradbury, T. N., **Lavner, J. A.**, Meltzer, A. L., McNulty, J. K., Neff, L. A., & Karney, B. R. (in press). A comparison of Bayesian synthesis approaches for studies comparing two means: A tutorial. *Research Synthesis Methods*. doi:10.1002/jrsm.1365
3. †Hammett, J. F., **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (in press). Intimate partner aggression and marital satisfaction: A cross-lagged panel analysis. *Journal of Interpersonal Violence*. doi:10.1177/0886260517747607
4. Johnson, M. D., **Lavner, J. A.**, Barton, A. W., Stanley, S. M., & Rhoades, G. K. (in press). Trajectories of relationship confidence in intimate partnerships. *Journal of Family Psychology*. doi:10.1037/fam0000575
5. **Lavner, J. A.**, Barton, A. W., & Beach, S. R. H. (in press). Improving couples' relationship functioning leads to improved coparenting: A randomized controlled trial with rural African American couples. *Behavior Therapy*. doi:10.1016/j.beth.2018.12.006

6. †Petruzzella, A., Feinstein, B. A., & **Lavner, J. A.** (in press). Sexual orientation-related stigma and relationship functioning among female same-sex couples. *Journal of Lesbian Studies*. doi:10.1080/10894160.2019.1614861
7. Williamson, H. C., & **Lavner, J. A.** (in press). Trajectories of marital satisfaction in diverse newlyweds. *Social Psychological and Personality Science*.
8. **Lavner, J. A.**, Stansfield, B. K., Beach, S. R. H., Brody, G. H., & Birch, L. L. (2019). Sleep SAAF: A responsive parenting intervention to prevent excessive weight gain and obesity among African American infants. *BMC Pediatrics*, *19*, 224. doi:10.1186/s12887-019-1583-7
9. †Petruzzella, A., Feinstein, B. A., Davila, J., & **Lavner, J. A.** (2019). Moderators of the association between community connectedness and internalizing symptoms among gay men. *Archives of Sexual Behavior*, *48*, 1519–1528. doi:10.1007/s10508-018-1355-8
10. †Stice, L. V., & **Lavner, J. A.** (2019). Social connectedness and loneliness mediate the association between autistic traits and internalizing symptoms among young adults. *Journal of Autism and Developmental Disorders*, *49*, 1096–1110. doi:10.1007/s10803-018-3812-6
11. †Whitehead, M., †Jones, A., †Bilms, J., **Lavner, J. A.**, & Suveg, C. (2019). Child social and emotional functioning as predictors of therapeutic alliance in Cognitive-Behavior Therapy for anxiety. *Journal of Clinical Psychology*, *76*, 7–20. doi:10.1002/jclp.22633
12. Barton, A. W., Beach, S. R. H., Bryant, C. M., **Lavner, J. A.**, & Brody, G. H. (2018). Stress spillover, African Americans' couple and health outcomes, and the stress-buffering effect of family-centered prevention. *Journal of Family Psychology*, *32*, 186–196. doi:10.1037/fam0000376
13. Karney, B. R., Bradbury, T. N., & **Lavner, J. A.** (2018). Supporting healthy relationships in low-income couples: Lessons learned and policy implications. *Policy Insights from the Behavioral and Brain Sciences*, *5*, 33–39. doi:10.1177/2372732217747890
14. **Lavner, J. A.**, Barton, A. W., Bryant, C. M., & Beach, S. R. H. (2018). Racial discrimination and relationship functioning among African American couples. *Journal of Family Psychology*, *32*, 686–691. doi:10.1037/fam0000415
15. **Lavner, J. A.**, †Weiss, B., Miller, J. D., & Karney, B. R. (2018). Personality change among newlyweds: Patterns, predictors, and associations with marital satisfaction over time. *Developmental Psychology*, *54*, 1172–1185. doi:10.1037/dev0000491
16. †Weiss, B., **Lavner, J. A.**, & Miller, J. D. (2018). Self- and partner-reported psychopathic traits' relations with communication, satisfaction, and divorce in a longitudinal sample of newlywed couples. *Personality Disorders: Theory, Research, and Treatment*, *9*, 239–249. doi:10.1037/per0000233

17. Barton, A. W., Beach, S. R. H., **Lavner, J. A.**, Bryant, C. M., Kogan, S. M., & Brody, G. H. (2017). Is communication a mechanism of relationship education effects among rural African Americans? *Journal of Marriage and Family*, *79*, 1450–1461. doi:10.1111/jomf.12416
18. Berger, P. K., **Lavner, J. A.**, Smith, J. J., & Birch, L.L. (2017). Differences in early risk factors for obesity between African American formula-fed infants and White breastfed controls. *Pilot and Feasibility Studies*, *3*, 58. doi:10.1186/s40814-017-0198-8
19. †Lamkin, J., **Lavner, J. A.**, & Shaffer, A. (2017). Narcissism and observed communication in couples. *Personality and Individual Differences*, *105*, 224–228. doi:10.1016/j.paid.2016.09.046
20. **Lavner, J. A.** (2017). Relationship satisfaction in lesbian couples: Review, methodological critique, and research agenda. *Journal of Lesbian Studies*, *21*, 7–29. doi:10.1080/10894160.2016.1142348
21. **Lavner, J. A.**, & Bradbury, T. N. (2017). Protecting relationships from stress. *Current Opinion in Psychology*, *13*, 11–14. doi:10.1016/j.copsyc.2016.03.003
22. **Lavner, J. A.**, & Clark, M. A. (2017). Workload and marital satisfaction over time: Testing lagged spillover and crossover effects during the newlywed years. *Journal of Vocational Behavior*, *101*, 67–76. doi:10.1016/j.jvb.2017.05.002
23. **Lavner, J. A.**, Karney, B. R., Williamson, H. C., & Bradbury, T. N. (2017). Bidirectional associations between newlyweds' marital satisfaction and marital problems over time. *Family Process*, *56*, 869–882. doi:10.1111/famp.12264
24. **Lavner, J. A.**, †Lamkin, J., & Miller, J. D. (2017). Trait impulsivity and newlyweds' marital trajectories. *Journal of Personality Disorders*, *31*, 133–144. doi:10.1521/pedi\_2016\_30\_242
25. †Sleep, C. E., **Lavner, J. A.**, & Miller, J. D. (2017). Do individuals with maladaptive personality traits find these same traits desirable in potential romantic partners? *Personality and Individual Differences*, *119*, 317–322. doi:10.1016/j.paid.2017.08.010
26. Thomassin, K., Suveg, C., †Davis, M., **Lavner, J. A.**, & Beach, S. R. H. (2017). Coparental affect, children's emotion dysregulation, and parent and child depressive symptoms. *Family Process*, *56*, 126–140. doi:10.1111/famp.12184
27. Gabriel, B., Untas, A., **Lavner, J. A.**, Koleck, M., & Luminet, O. (2016). Gender typical patterns and the link between alexithymia, dyadic coping, and psychological symptoms. *Personality and Individual Differences*, *96*, 266–271. doi:10.1016/j.paid.2016.02.029
28. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2016). Does couples' communication predict marital satisfaction, or does marital satisfaction predict communication? *Journal of Marriage and Family*, *78*, 680–694. doi:10.1111/jomf.12301

29. **Lavner, J. A.**, †Lamkin, J., Miller, J. D., Campbell, W. K., & Karney, B. R. (2016). Narcissism and newlywed marriage: Partner characteristics and marital trajectories. *Personality Disorders: Theory, Research, and Treatment*, *7*, 169–179. doi:10.1037/per0000137
30. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2015). New directions for policies aimed at strengthening low-income couples. *Behavioral Science and Policy*, *1*, 13–24.
31. **Lavner, J. A.**, †Lamkin, J., & Miller, J. D. (2015). Borderline personality disorder symptoms and newlyweds' observed communication, partner characteristics, and longitudinal marital outcomes. *Journal of Abnormal Psychology*, *124*, 975–981. doi:10.1037/abn0000095
32. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2014). Relationship problems over the early years of marriage: Stability or change? *Journal of Family Psychology*, *28*, 979–985. doi:10.1037/a0037752
33. **Lavner, J. A.**, Waterman, J., & Peplau, L. A. (2014). Parent adjustment over time in gay, lesbian, and heterosexual parent families adopting from foster care. *American Journal of Orthopsychiatry*, *84*, 46–53. doi:10.1037/h0098853
34. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2013). Newlyweds' optimistic forecasts of their marriage: For better or for worse? *Journal of Family Psychology*, *27*, 531–540. doi:10.1037/a0033423
35. Waterman, J. M., Nadeem, E., Paczkowski, E., Foster, J. C., **Lavner, J. A.**, Belin, T., & Miranda, J. (2013). Pre-placement risk and longitudinal cognitive development for children adopted from foster care. *Child Welfare*, *92*, 9–30.
36. Williamson, H. C., Hanna, M. A., **Lavner, J. A.**, Bradbury, T. N., & Karney, B. R. (2013). Discussion topic and observed behavior in couples' problem-solving conversations: Do problem severity and topic choice matter? *Journal of Family Psychology*, *27*, 330–335. doi:10.1037/a0031534
37. Bradbury, T. N., & **Lavner, J. A.** (2012). How can we improve preventive and educational interventions for intimate relationships? *Behavior Therapy*, *43*, 113–122. doi:10.1016/j.beth.2011.02.008
38. **Lavner, J. A.**, & Bradbury, T. N. (2012). Why do even satisfied newlyweds eventually go on to divorce? *Journal of Family Psychology*, *26*, 1–10. doi:10.1037/a0025966
39. **Lavner, J. A.**, Bradbury, T. N., & Karney, B. R. (2012). Incremental change or initial differences? Testing two models of marital deterioration. *Journal of Family Psychology*, *26*, 606–616. doi:10.1037/a0029052

40. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2012). Do cold feet warn of trouble ahead? Premarital uncertainty and four-year marital outcomes. *Journal of Family Psychology, 26*, 1012–1017. doi:10.1037/a0029912
41. **Lavner, J. A.**, Waterman, J., & Peplau, L. A. (2012). Can gay and lesbian parents promote healthy development in high-risk children adopted from foster care? *American Journal of Orthopsychiatry, 82*, 465–472. doi:10.1111/j.1939-0025.2012.01176.x
42. **Lavner, J. A.**, & Bradbury, T. N. (2010). Patterns of change in newlyweds' marital satisfaction. *Journal of Marriage and Family, 72*, 1171–1187. doi:10.1111/j.1741-3737.2010.00757.x
43. Heatherington, L., & **Lavner, J. A.** (2008). Coming to terms with coming out: Review and recommendations for family-systems focused research. *Journal of Family Psychology, 22*, 329–343. doi:10.1037/0893-3200.22.3.329

#### Book Chapters, Encyclopedia Entries, and Other Invited Contributions

1. **Lavner, J. A.**, & Bradbury, T. N. (2019). Trajectories and maintenance in marriage and long-term committed relationships (pp. 28–44). In D. Schoebi and B. Campos (Eds.), *New directions in the psychology of close relationships*. Routledge.
2. Lamkin, J., & **Lavner, J. A.** (2019). Antagonism and romantic relationships (pp. 269–280). In J. Miller and D. Lynam (Eds.), *The handbook of antagonism: Conceptualizations, assessment, consequences, and treatment of the low end of agreeableness*. London, United Kingdom: Elsevier.
3. **Lavner, J. A.**, & Bradbury, T. N. (2019). Marriage and committed partnerships. In B. Fiese, M. Celano, K. Deater-Deckard, E. N. Jouriles, & M. A. Whisman (Eds.), *APA Handbook of Contemporary Family Psychology: Foundations, Methods, and Contemporary Issues across the Lifespan* (pp. 445–461). Washington, DC: American Psychological Association. doi:10.1037/0000099-025
4. Beach, S. R. H., **Lavner, J. A.**, & Bradbury, T. N. (2018). Biography of Francis (Frank) D. Fincham. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Springer. doi:10.1007/978-3-319-15877-8\_719-1
5. **Lavner, J. A.** (2018). Behavioral couple therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Springer. doi:10.1007/978-3-319-15877-8\_105-1
6. **Lavner, J. A.** (2018). Clinical science early career path. *Clinical Science, 21*, 11–12.
7. **Lavner, J. A.** (2017). Personality features of partner and romantic relationship satisfaction. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. Springer. doi:10.1007/978-3-319-28099-8\_838-1

8. **Lavner, J. A., & Bradbury, T. N.** (2016). Effective interventions for optimal relationships (pp. 281–303). In C. R. Knee and H. T. Reis (Eds.), *Positive Approaches to Optimal Relationship Development*. Cambridge, United Kingdom: Cambridge University Press.
9. **Lavner, J. A., & Bradbury, T. N.** (2014). Marital satisfaction change over newlywed years. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life Research* (pp. 3811–3815). Dordrecht, Netherlands: Springer.
10. **Lavner, J. A.** (2013). Adoptive children of gay and lesbian parents: Recent findings and implications for policy and practice. *The Child and Family Policy and Practice Advocate*, 36, 28–30.
11. **Lavner, J. A.** (2013). A critical lens on marriage promotion. [Review of One Marriage under God: The Campaign to Promote Marriage in America, by Melanie Heath]. *Sex Roles*, 68, 517–519.
12. **Lavner, J. A., & Bradbury, T. N.** (2012). Communication. In W. T. O’Donohue & J. E. Fisher (Eds.), *Cognitive Behavior Therapy: Core Principles for Practice* (pp. 325–351). Hoboken, NJ: John Wiley and Sons, Inc.

## **TEACHING EXPERIENCE**

### Undergraduate

General Psychology Honors  
 Psychology of Love (First Year Odyssey)

### Graduate

Clinical Practicum  
 Psychology of Sexual Orientation  
 Research Design in Clinical Psychology

## **SERVICE**

### Journal Reviewing

#### *Associate Editor*

Journal of Family Psychology (2019 - )

#### *Editorial Board Member*

Family Process (2015 - )  
 Journal of Family Psychology (2016 - )  
 Journal of Marriage and Family (2015 - )  
 Journal of Research in Personality (2018 - )

### *Ad Hoc Reviewer*

Adoption Quarterly; American Journal of Orthopsychiatry; Appetite; BMC Women's Health; Child Development; Child Development Perspectives; Children and Youth Services Review; Clinical Child and Family Psychology Review; Communication Studies; Current Directions in Psychological Science; European Journal of Social Psychology; European Sociological Review; Family Process; Family Science; Journal of Adolescence; Journal of Clinical and Translational Research; Journal of Counseling Psychology; Journal of Family Communication; Journal of Family Issues; Journal of Family Psychology; Journal of Family Studies; Journal of Gay & Lesbian Social Services; Journal of GLBT Family Studies; Journal of Homosexuality; Journal of Interpersonal Violence; Journal of Lesbian Studies; Journal of Marriage and Family; Journal of Personality; Journal of Personality and Social Psychology; Journal of Personality Assessment; Journal of Personality Disorders; Journal of Research in Childhood Education; Journal of Research in Personality; Journal of Social and Personal Relationships; Marriage and Family Review; Personal Relationships; Personality and Individual Differences; Personality and Social Psychology Bulletin; Personality Disorders: Theory, Research, and Treatment; Perspectives on Psychological Science; PLOS ONE; Psychology and Sexuality; Psychological Science; SAGE Open; Sex Roles; Sexual and Relationship Therapy; Social Forces; Social Psychological and Personality Science; Social Science Quarterly; Violence Against Women

### Book Reviewing

American Psychological Association  
Routledge (Taylor & Francis)  
Wiley

### Fellowship and Grant Reviewing

Administration for Children and Families  
Israel Science Foundation  
National Science Foundation

### **LICENSURE**

2016 - Psychologist, State of Georgia (PSY004024)

Revised: August 2019