

# **JUSTIN A. LAVNER**

**OFFICE** Department of Psychology  
University of Georgia  
Athens, GA 30602-3013  
Office: 706.542.3033  
Email: lavner@uga.edu

## **EMPLOYMENT**

2014–present Assistant Professor, Department of Psychology, University of Georgia (UGA)  
Affiliate Faculty: Center for Family Research; Institute for Women's Studies

## **EDUCATION**

2014 Ph.D., Clinical Psychology, University of California, Los Angeles (UCLA)  
Minor: Social Psychology

2013–2014 Clinical Psychology Intern, San Diego VA / University of California, San Diego  
Track: San Diego VA Family Mental Health Program / Rady Children's Hospital Child & Adolescent Psychiatry Services

2007 M.A., Clinical Psychology, University of California, Los Angeles

2006 B.A., with Highest Honors in Psychology, Williams College  
*Magna cum laude, Phi Beta Kappa*

## **EXTRAMURAL GRANTS**

### Active

2017–2021 *Responsive Parenting, Sleep, and Rapid Weight Gain among African American Infants.* National Institute of Diabetes and Digestive and Kidney Diseases (R01DK112874).  
Role: Co-Principal Investigator (co-PI: L. L. Birch).  
Total direct costs: \$1,834,538

2016–2019 *UGA SBIRT Interprofessional Training Program.* Substance Abuse and Mental Health Services (1H79TI026457-01).  
Role: Co-Investigator (PI: A. Abraham)  
Total direct costs: \$826,570

## FELLOWSHIPS, HONORS, AND AWARDS

2018	Research Award, UGA Clinical Psychology Program
2017	Rising Star, Association for Psychological Science (APS)
2017	Fellow, Owens Institute for Behavioral Research, University of Georgia
2017	J. Hatten Howard III Honors Professor Award, UGA Honors Program
2016	Clinical Supervision Award, UGA Clinical Psychology Program
2012	Teaching Fellow, UCLA LGBT Studies Program
2012	Senior Scientist Practitioner Award, UCLA Clinical Psychology Program
2011	Student Poster Award, Society for Child and Family Policy and Practice, American Psychological Association
2010–2013	Graduate Research Fellowship, National Science Foundation (\$120,000)
2006–2009	National Science Foundation IGERT Traineeship, UCLA Interdisciplinary Relationship Science Program (\$120,000)

## PUBLICATIONS

(†indicates student co-author)

### Peer Reviewed Articles

1. †Hammett, J. F., **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (in press). Intimate partner aggression and marital satisfaction: A cross-lagged panel analysis. *Journal of Interpersonal Violence*. doi:10.1177/0886260517747607
2. **Lavner, J. A.**, Barton, A. W., Bryant, C. M., & Beach, S. R. H. (in press). Racial discrimination and relationship functioning among African American couples. *Journal of Family Psychology*. doi:10.1037/fam0000415
3. †Whitehead, M., †Jones, A., †Bilms, J., **Lavner, J. A.**, & Suveg, C. (in press). Child social and emotional functioning as predictors of therapeutic alliance in Cognitive-Behavior Therapy for anxiety. *Journal of Clinical Psychology*. doi:10.1002/jclp.22633
4. Barton, A. W., Beach, S. R. H., Bryant, C. M., **Lavner, J. A.**, & Brody, G. H. (2018). Stress spillover, African Americans' couple and health outcomes, and the stress-buffering effect of family-centered prevention. *Journal of Family Psychology*, 32, 186–196. doi:10.1037/fam0000376
5. Karney, B. R., Bradbury, T. N., & **Lavner, J. A.** (2018). Supporting healthy relationships in low-income couples: Lessons learned and policy implications. *Policy Insights from the Behavioral and Brain Sciences*, 5, 33–39. doi:10.1177/2372732217747890
6. **Lavner, J. A.**, †Weiss, B., Miller, J. D., & Karney, B. R. (2018). Personality change among newlyweds: Patterns, predictors, and associations with marital satisfaction over time. *Developmental Psychology*, 54, 1172–1185. doi:10.1037/dev0000491

7. †Weiss, B., **Lavner, J. A.**, & Miller, J. D. (2018). Self- and partner-reported psychopathic traits' relations with communication, satisfaction, and divorce in a longitudinal sample of newlywed couples. *Personality Disorders: Theory, Research, and Treatment*, 9, 239–249. doi:10.1037/per0000233
8. Barton, A. W., Beach, S. R. H., **Lavner, J. A.**, Bryant, C. M., Kogan, S. M., & Brody, G. H. (2017). Is communication a mechanism of relationship education effects among rural African Americans? *Journal of Marriage and Family*, 79, 1450–1461. doi:10.1111/jomf.12416
9. Berger, P. K., **Lavner, J. A.**, Smith, J. J., & Birch, L.L. (2017). Differences in early risk factors for obesity between African American formula-fed infants and White breastfed controls. *Pilot and Feasibility Studies*, 3, 58. doi:10.1186/s40814-017-0198-8
10. †Lamkin, J., **Lavner, J. A.**, & Shaffer, A. (2017). Narcissism and observed communication in couples. *Personality and Individual Differences*, 105, 224–228. doi:10.1016/j.paid.2016.09.046
11. **Lavner, J. A.** (2017). Relationship satisfaction in lesbian couples: Review, methodological critique, and research agenda. *Journal of Lesbian Studies*, 21, 7–29. doi:10.1080/10894160.2016.1142348
12. **Lavner, J. A.**, & Bradbury, T. N. (2017). Protecting relationships from stress. *Current Opinion in Psychology*, 13, 11–14. doi:10.1016/j.copsyc.2016.03.003
13. **Lavner, J. A.**, & Clark, M. A. (2017). Workload and marital satisfaction over time: Testing lagged spillover and crossover effects during the newlywed years. *Journal of Vocational Behavior*, 101, 67–76. doi:10.1016/j.jvb.2017.05.002
14. **Lavner, J. A.**, Karney, B. R., Williamson, H. C., & Bradbury, T. N. (2017). Bidirectional associations between newlyweds' marital satisfaction and marital problems over time. *Family Process*, 56, 869–882. doi:10.1111/famp.12264
15. **Lavner, J. A.**, †Lamkin, J., & Miller, J. D. (2017). Trait impulsivity and newlyweds' marital trajectories. *Journal of Personality Disorders*, 31, 133–144. doi:10.1521/pedi\_2016\_30\_242
16. †Sleep, C. E., **Lavner, J. A.**, & Miller, J. D. (2017). Do individuals with maladaptive personality traits find these same traits desirable in potential romantic partners? *Personality and Individual Differences*, 119, 317–322. doi:10.1016/j.paid.2017.08.010
17. Thomassin, K., Suveg, C., †Davis, M., **Lavner, J. A.**, & Beach, S. R. H. (2017). Coparental affect, children's emotion dysregulation, and parent and child depressive symptoms. *Family Process*, 56, 126–140. doi:10.1111/famp.12184
18. Gabriel, B., Untas, A., **Lavner, J. A.**, Koleck, M., & Luminet, O. (2016). Gender typical patterns and the link between alexithymia, dyadic coping, and psychological symptoms. *Personality and Individual Differences*, 96, 266–271. doi:10.1016/j.paid.2016.02.029

19. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2016). Does couples' communication predict marital satisfaction, or does marital satisfaction predict communication? *Journal of Marriage and Family*, 78, 680–694. doi:10.1111/jomf.12301
20. **Lavner, J. A.**, †Lamkin, J., Miller, J. D., Campbell, W. K., & Karney, B. R. (2016). Narcissism and newlywed marriage: Partner characteristics and marital trajectories. *Personality Disorders: Theory, Research, and Treatment*, 7, 169–179. doi:10.1037/per0000137
21. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2015). New directions for policies aimed at strengthening low-income couples. *Behavioral Science and Policy*, 1, 13–24.
22. **Lavner, J. A.**, †Lamkin, J., & Miller, J. D. (2015). Borderline personality disorder symptoms and newlyweds' observed communication, partner characteristics, and longitudinal marital outcomes. *Journal of Abnormal Psychology*, 124, 975–981. doi:10.1037/abn0000095
23. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2014). Relationship problems over the early years of marriage: Stability or change? *Journal of Family Psychology*, 28, 979–985. doi:10.1037/a0037752
24. **Lavner, J. A.**, Waterman, J., & Peplau, L. A. (2014). Parent adjustment over time in gay, lesbian, and heterosexual parent families adopting from foster care. *American Journal of Orthopsychiatry*, 84, 46–53. doi:10.1037/h0098853
25. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2013). Newlyweds' optimistic forecasts of their marriage: For better or for worse? *Journal of Family Psychology*, 27, 531–540. doi: 10.1037/a0033423
26. Waterman, J. M., Nadeem, E., Paczkowski, E., Foster, J. C., **Lavner, J. A.**, Belin, T., & Miranda, J. (2013). Pre-placement risk and longitudinal cognitive development for children adopted from foster care. *Child Welfare*, 92, 9–30.
27. Williamson, H. C., Hanna, M. A., **Lavner, J. A.**, Bradbury, T. N., & Karney, B. R. (2013). Discussion topic and observed behavior in couples' problem-solving conversations: Do problem severity and topic choice matter? *Journal of Family Psychology*, 27, 330–335. doi: 10.1037/a0031534
28. Bradbury, T. N., & **Lavner, J. A.** (2012). How can we improve preventive and educational interventions for intimate relationships? *Behavior Therapy*, 43, 113–122. doi:10.1016/j.beth.2011.02.008
29. **Lavner, J. A.**, & Bradbury, T. N. (2012). Why do even satisfied newlyweds eventually go on to divorce? *Journal of Family Psychology*, 26, 1–10. doi:10.1037/a0025966

30. **Lavner, J. A.**, Bradbury, T. N., & Karney, B. R. (2012). Incremental change or initial differences? Testing two models of marital deterioration. *Journal of Family Psychology*, 26, 606–616. doi:10.1037/a0029052
31. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2012). Do cold feet warn of trouble ahead? Premarital uncertainty and four-year marital outcomes. *Journal of Family Psychology*, 26, 1012–1017. doi:10.1037/a0029912
32. **Lavner, J. A.**, Waterman, J., & Peplau, L. A. (2012). Can gay and lesbian parents promote healthy development in high-risk children adopted from foster care? *American Journal of Orthopsychiatry*, 82, 465–472. doi:10.1111/j.1939-0025.2012.01176.x
33. **Lavner, J. A.**, & Bradbury, T. N. (2010). Patterns of change in newlyweds' marital satisfaction. *Journal of Marriage and Family*, 72, 1171–1187. doi:10.1111/j.1741-3737.2010.00757.x
34. Heatherington, L., & **Lavner, J. A.** (2008). Coming to terms with coming out: Review and recommendations for family-systems focused research. *Journal of Family Psychology*, 22, 329–343. doi:10.1037/0893-3200.22.3.329

#### Book Chapters, Encyclopedia Entries, and Other Invited Contributions

1. Lamkin, J., & **Lavner, J. A.** (in press). Antagonism and romantic relationships. In J. Miller and D. Lynam (Eds.), *The Handbook of Antagonism: Conceptualizations, Assessment, Consequences, and Treatment of the Low End of Agreeableness*. Elsevier.
2. **Lavner, J. A.**, & Bradbury, T. N. (in press). Marriage and committed partnerships. In B. Fiese (Ed.), *APA Handbook of Contemporary Family Psychology*. Washington, DC: American Psychological Association.
3. **Lavner, J. A.**, & Bradbury, T. N. (in press). Trajectories and maintenance in marriage and long-term committed relationships. In D. Schoebi and B. Campos (Eds.), *New Directions in the Psychology of Close Relationships*. Routledge.
4. Beach, S. R. H., **Lavner, J. A.**, & Bradbury, T. N. (2018). Biography of Francis (Frank) D. Fincham. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Springer. doi:10.1007/978-3-319-15877-8\_719-1
5. **Lavner, J. A.** (2018). Behavioral couple therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Springer. doi:10.1007/978-3-319-15877-8\_105-1
6. **Lavner, J. A.** (2018). Clinical science early career path. *Clinical Science*, 21, 11–12.

7. **Lavner, J. A.** (2017). Personality features of partner and romantic relationship satisfaction. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. Springer. doi:10.1007/978-3-319-28099-8\_838-1
8. **Lavner, J. A.**, & Bradbury, T. N. (2016). Effective interventions for optimal relationships (pp. 281–303). In C. R. Knee and H. T. Reis (Eds.), *Positive Approaches to Optimal Relationship Development*. Cambridge, United Kingdom: Cambridge University Press.
9. **Lavner, J. A.**, & Bradbury, T. N. (2014). Marital satisfaction change over newlywed years. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life Research* (pp. 3811–3815). Dordrecht, Netherlands: Springer.
10. **Lavner, J. A.** (2013). Adoptive children of gay and lesbian parents: Recent findings and implications for policy and practice. *The Child and Family Policy and Practice Advocate*, 36, 28–30.
11. **Lavner, J. A.** (2013). A critical lens on marriage promotion. [Review of One Marriage under God: The Campaign to Promote Marriage in America, by Melanie Heath]. *Sex Roles*, 68, 517–519.
12. **Lavner, J. A.**, & Bradbury, T. N. (2012). Communication. In W. T. O'Donohue & J. E. Fisher (Eds.), *Cognitive Behavior Therapy: Core Principles for Practice* (pp. 325–351). Hoboken, NJ: John Wiley and Sons, Inc.

## TEACHING EXPERIENCE

### Undergraduate

General Psychology Honors  
Psychology of Love (First Year Odyssey)

### Graduate

Clinical Practicum  
Psychology of Sexual Orientation  
Research Design in Clinical Psychology

## SERVICE

### Editorial Board Member

*Family Process* (2015–present)  
*Journal of Family Psychology* (2016–present)  
*Journal of Marriage and Family* (2015–present)  
*Journal of Research in Personality* (2018–present)

### Ad Hoc Reviewer

*Adoption Quarterly; American Journal of Orthopsychiatry; Appetite; BMC Women's Health; Child Development; Child Development Perspectives; Children and Youth Services Review; Clinical Child and Family Psychology Review; Current Directions in Psychological Science; European Journal of Social Psychology; European Sociological Review; Family Process; Family Science; Journal of Adolescence; Journal of Counseling Psychology; Journal of Family Issues; Journal of Family Psychology; Journal of Family Studies; Journal of Gay & Lesbian Social Services; Journal of GLBT Family Studies; Journal of Homosexuality; Journal of Interpersonal Violence; Journal of Lesbian Studies; Journal of Marriage and Family; Journal of Personality; Journal of Personality and Social Psychology; Journal of Personality Disorders; Journal of Research in Childhood Education; Journal of Research in Personality; Journal of Social and Personal Relationships; Marriage and Family Review; Personal Relationships; Personality and Individual Differences; Personality and Social Psychology Bulletin; Personality Disorders: Theory, Research, and Treatment; Perspectives on Psychological Science; PLOS ONE; Psychology and Sexuality; SAGE Open; Sex Roles; Sexual and Relationship Therapy; Social Forces; Social Psychological and Personality Science*

### Book Reviewing

American Psychological Association  
Routledge (Taylor & Francis)  
Wiley

### Grant Reviewing

Administration for Children and Families  
Israel Science Foundation

### **LICENSURE**

2016–present Psychologist, State of Georgia (PSY004024)

*Revised: June 2018*