

JUSTIN A. LAVNER

OFFICE Department of Psychology
University of Georgia (UGA)
Athens, GA 30602-3013
Office: 706.542.3033
Email: lavner@uga.edu

EDUCATION

2014 Ph.D., Clinical Psychology, University of California, Los Angeles (UCLA)
Minor: Social Psychology

2013 - 2014 Clinical Psychology Intern, San Diego VA / University of California, San Diego

2007 M.A., Clinical Psychology, University of California, Los Angeles

2006 B.A., with Highest Honors in Psychology, Williams College
Magna cum laude, Phi Beta Kappa

ACADEMIC POSITIONS

2020 Administrative Fellow, Franklin College of Arts and Sciences, University of Georgia

2019 - Associate Professor, Department of Psychology, University of Georgia

2014 - 2019 Assistant Professor, Department of Psychology, University of Georgia

AFFILIATIONS

2015 - Affiliate Faculty, Center for Family Research, University of Georgia

2014 - Affiliate Faculty, Institute for Women's Studies, University of Georgia

HONORS AND AWARDS

2020 Research Award, UGA Clinical Psychology Program

2020 Teaching Award, UGA Clinical Psychology Program

2019 Charles B. Knapp Early Career Scholar Award, University of Georgia

2019 Teaching Award, UGA Clinical Psychology Program

2018 Research Award, UGA Clinical Psychology Program

2017 Rising Star, Association for Psychological Science (APS)

2017 Fellow, Owens Institute for Behavioral Research, University of Georgia

2017 J. Hatten Howard III Honors Professor Award, UGA Honors Program

- 2016 Clinical Supervision Award, UGA Clinical Psychology Program
 2012 Teaching Fellow, UCLA LGBT Studies Program
 2012 Senior Scientist Practitioner Award, UCLA Clinical Psychology Program
 2011 Student Poster Award, Society for Child and Family Policy and Practice, American Psychological Association
 2010 - 2013 Graduate Research Fellowship, National Science Foundation (\$120,000)
 2006 - 2009 National Science Foundation IGERT Traineeship, UCLA Interdisciplinary Relationship Science Program (\$120,000)

EXTRAMURAL GRANTS

- 2018 - 2023 *Using a Randomized Prevention Trial to Understand the Health Benefits of Supportive Couple Relationships among Rural African American Adults*. National Institute on Aging (R01AG059260).
 Role: Co-Investigator (PI: S. R. H. Beach)
 Total direct costs: \$2,274,814
- 2017 - 2021 *Responsive Parenting, Sleep, and Rapid Weight Gain among African American Infants*. National Institute of Diabetes and Digestive and Kidney Diseases (R01DK112874).
 Role: Principal Investigator (was co-PI with L. L. Birch)
 Total direct costs: \$1,834,538
- 2016 - 2020 *UGA SBIRT Interprofessional Training Program*. Substance Abuse and Mental Health Services (1H79TI026457-01).
 Role: Co-Investigator (PI: A. Abraham)
 Total direct costs: \$826,570

PUBLICATIONS

(† indicates student co-author)

Peer-Reviewed Articles

1. Beach, S. R. H., Ong, M. L., Lei, M.-K., †Klopach, E., Carter, S. E., Simons, R. L., Gibbons, F. X., **Lavner, J. A.**, Philibert, R. A., & Ye, K. (in press). Childhood adversity is linked to adult health among African Americans via adolescent weight gain and effects are genetically moderated. *Development and Psychopathology*. doi:10.1017/S0954579420000061
2. †Hammett, J. F., **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (in press). Intimate partner aggression and marital satisfaction: A cross-lagged panel analysis. *Journal of Interpersonal Violence*. doi:10.1177/0886260517747607
3. †Hart, A. R., **Lavner, J. A.**, Carter, S. E., & Beach, S. R. H. (in press). Racial discrimination, depressive symptoms, and sleep problems among Blacks in the rural South. *Cultural Diversity and Ethnic Minority Psychology*. doi:10.1037/cdp0000365

4. **Lavner, J. A.**, Barton, A. W., & Beach, S. R. H. (in press). Direct and indirect effects of a couple-focused preventive intervention on children's outcomes: A randomized controlled trial with African American families. *Journal of Consulting and Clinical Psychology*.
5. †Petruzzella, A., Feinstein, B. A., Davila, J., & **Lavner, J. A.** (in press). Gay-related and general stressors predict gay men's psychological functioning over time. *Archives of Sexual Behavior*. doi:10.1007/s10508-020-01672-4
6. Williamson, H. C., & **Lavner, J. A.** (in press). Trajectories of marital satisfaction in diverse newlyweds. *Social Psychological and Personality Science*. doi:10.1177/1948550619865056
7. Barton, A. W., **Lavner, J. A.**, Stanley, S. M., Johnson, M. D., & Rhoades, G. K. (2020). "Will you complete this survey too?" Differences between individual versus dyadic samples in romantic relationship research. *Journal of Family Psychology*, *34*, 196–203. doi:10.1037/fam0000583
8. Du, H., Bradbury, T. N., **Lavner, J. A.**, Meltzer, A. L., McNulty, J. K., Neff, L. A., & Karney, B. R. (2020). A comparison of Bayesian synthesis approaches for studies comparing two means: A tutorial. *Research Synthesis Methods*, *11*, 36–65. doi:10.1002/jrsm.1365
9. Feinstein, B. A., †Petruzzella, A., Davila, J., **Lavner, J. A.**, & Hershenberg, R. (2020). Sharing positive experiences related to one's sexual orientation: Examining the capitalization process in a sample of gay men. *Psychology of Sexual Orientation and Gender Diversity*, *7*, 40–45. doi:10.1037/sgd0000350
10. Johnson, M. D., **Lavner, J. A.**, Barton, A. W., Stanley, S. M., & Rhoades, G. K. (2020). Trajectories of relationship confidence in intimate partnerships. *Journal of Family Psychology*, *34*, 24–34. doi:10.1037/fam0000575
11. **Lavner, J. A.**, Williamson, H. C., Karney, B. R., & Bradbury, T. N. (2020). Premarital parenthood and newlyweds' marital trajectories. *Journal of Family Psychology*, *34*, 279–290. doi:10.1037/fam0000596
12. †Davis, M., Goodman, S. H., **Lavner, J. A.**, Halperin, M., Stowe, Z. N., Newport, D. J., & Knight, B. (2019). Patterns of positivity: Positive affect trajectories among infants of mothers with a history of depression. *Infancy*, *24*, 911–932. doi:10.1111/infa.12314
13. **Lavner, J. A.**, Barton, A. W., & Beach, S. R. H. (2019). Improving couples' relationship functioning leads to improved coparenting: A randomized controlled trial with rural African American couples. *Behavior Therapy*, *50*, 1016–1029. doi:10.1016/j.beth.2018.12.006
14. **Lavner, J. A.**, Stansfield, B. K., Beach, S. R. H., Brody, G. H., & Birch, L. L. (2019). Sleep SAAF: A responsive parenting intervention to prevent excessive weight gain and obesity among African American infants. *BMC Pediatrics*, *19*, 224. doi:10.1186/s12887-019-1583-7
15. †Petruzzella, A., Feinstein, B. A., Davila, J., & **Lavner, J. A.** (2019). Moderators of the

association between community connectedness and internalizing symptoms among gay men. *Archives of Sexual Behavior*, 48, 1519–1528. doi:10.1007/s10508-018-1355-8

16. †Petruzzella, A., Feinstein, B. A., & **Lavner, J. A.** (2019). Sexual orientation-related stigma and relationship functioning among female same-sex couples. *Journal of Lesbian Studies*, 23, 439–450. doi:10.1080/10894160.2019.1614861
17. †Stice, L. V., & **Lavner, J. A.** (2019). Social connectedness and loneliness mediate the association between autistic traits and internalizing symptoms among young adults. *Journal of Autism and Developmental Disorders*, 49, 1096–1110. doi:10.1007/s10803-018-3812-6
18. †Whitehead, M., †Jones, A., †Bilms, J., **Lavner, J. A.**, & Suveg, C. (2019). Child social and emotional functioning as predictors of therapeutic alliance in Cognitive-Behavior Therapy for anxiety. *Journal of Clinical Psychology*, 76, 7–20. doi:10.1002/jclp.22633
19. Barton, A. W., Beach, S. R. H., Bryant, C. M., **Lavner, J. A.**, & Brody, G. H. (2018). Stress spillover, African Americans' couple and health outcomes, and the stress-buffering effect of family-centered prevention. *Journal of Family Psychology*, 32, 186–196. doi:10.1037/fam0000376
20. Karney, B. R., Bradbury, T. N., & **Lavner, J. A.** (2018). Supporting healthy relationships in low-income couples: Lessons learned and policy implications. *Policy Insights from the Behavioral and Brain Sciences*, 5, 33–39. doi:10.1177/2372732217747890
21. **Lavner, J. A.**, Barton, A. W., Bryant, C. M., & Beach, S. R. H. (2018). Racial discrimination and relationship functioning among African American couples. *Journal of Family Psychology*, 32, 686–691. doi:10.1037/fam0000415
22. **Lavner, J. A.**, †Weiss, B., Miller, J. D., & Karney, B. R. (2018). Personality change among newlyweds: Patterns, predictors, and associations with marital satisfaction over time. *Developmental Psychology*, 54, 1172–1185. doi:10.1037/dev0000491
23. †Weiss, B., **Lavner, J. A.**, & Miller, J. D. (2018). Self- and partner-reported psychopathic traits' relations with communication, satisfaction, and divorce in a longitudinal sample of newlywed couples. *Personality Disorders: Theory, Research, and Treatment*, 9, 239–249. doi:10.1037/per0000233
24. Barton, A. W., Beach, S. R. H., **Lavner, J. A.**, Bryant, C. M., Kogan, S. M., & Brody, G. H. (2017). Is communication a mechanism of relationship education effects among rural African Americans? *Journal of Marriage and Family*, 79, 1450–1461. doi:10.1111/jomf.12416
25. Berger, P. K., **Lavner, J. A.**, Smith, J. J., & Birch, L.L. (2017). Differences in early risk factors for obesity between African American formula-fed infants and White breastfed controls. *Pilot and Feasibility Studies*, 3, 58. doi:10.1186/s40814-017-0198-8

26. †Lamkin, J., **Lavner, J. A.**, & Shaffer, A. (2017). Narcissism and observed communication in couples. *Personality and Individual Differences, 105*, 224–228. doi:10.1016/j.paid.2016.09.046
27. **Lavner, J. A.** (2017). Relationship satisfaction in lesbian couples: Review, methodological critique, and research agenda. *Journal of Lesbian Studies, 21*, 7–29. doi:10.1080/10894160.2016.1142348
28. **Lavner, J. A.**, & Bradbury, T. N. (2017). Protecting relationships from stress. *Current Opinion in Psychology, 13*, 11–14. doi:10.1016/j.copsy.2016.03.003
29. **Lavner, J. A.**, & Clark, M. A. (2017). Workload and marital satisfaction over time: Testing lagged spillover and crossover effects during the newlywed years. *Journal of Vocational Behavior, 101*, 67–76. doi:10.1016/j.jvb.2017.05.002
30. **Lavner, J. A.**, Karney, B. R., Williamson, H. C., & Bradbury, T. N. (2017). Bidirectional associations between newlyweds' marital satisfaction and marital problems over time. *Family Process, 56*, 869–882. doi:10.1111/famp.12264
31. **Lavner, J. A.**, †Lamkin, J., & Miller, J. D. (2017). Trait impulsivity and newlyweds' marital trajectories. *Journal of Personality Disorders, 31*, 133–144. doi:10.1521/pedi_2016_30_242
32. †Sleep, C. E., **Lavner, J. A.**, & Miller, J. D. (2017). Do individuals with maladaptive personality traits find these same traits desirable in potential romantic partners? *Personality and Individual Differences, 119*, 317–322. doi:10.1016/j.paid.2017.08.010
33. Thomassin, K., Suveg, C., †Davis, M., **Lavner, J. A.**, & Beach, S. R. H. (2017). Coparental affect, children's emotion dysregulation, and parent and child depressive symptoms. *Family Process, 56*, 126–140. doi:10.1111/famp.12184
34. Gabriel, B., Untas, A., **Lavner, J. A.**, Koleck, M., & Luminet, O. (2016). Gender typical patterns and the link between alexithymia, dyadic coping, and psychological symptoms. *Personality and Individual Differences, 96*, 266–271. doi:10.1016/j.paid.2016.02.029
35. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2016). Does couples' communication predict marital satisfaction, or does marital satisfaction predict communication? *Journal of Marriage and Family, 78*, 680–694. doi:10.1111/jomf.12301
36. **Lavner, J. A.**, †Lamkin, J., Miller, J. D., Campbell, W. K., & Karney, B. R. (2016). Narcissism and newlywed marriage: Partner characteristics and marital trajectories. *Personality Disorders: Theory, Research, and Treatment, 7*, 169–179. doi:10.1037/per0000137
37. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2015). New directions for policies aimed at strengthening low-income couples. *Behavioral Science and Policy, 1*, 13–24.

38. **Lavner, J. A.**, †Lamkin, J., & Miller, J. D. (2015). Borderline personality disorder symptoms and newlyweds' observed communication, partner characteristics, and longitudinal marital outcomes. *Journal of Abnormal Psychology, 124*, 975–981. doi:10.1037/abn0000095
39. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2014). Relationship problems over the early years of marriage: Stability or change? *Journal of Family Psychology, 28*, 979–985. doi:10.1037/a0037752
40. **Lavner, J. A.**, Waterman, J., & Peplau, L. A. (2014). Parent adjustment over time in gay, lesbian, and heterosexual parent families adopting from foster care. *American Journal of Orthopsychiatry, 84*, 46–53. doi:10.1037/h0098853
41. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2013). Newlyweds' optimistic forecasts of their marriage: For better or for worse? *Journal of Family Psychology, 27*, 531–540. doi:10.1037/a0033423
42. Waterman, J. M., Nadeem, E., Paczkowski, E., Foster, J. C., **Lavner, J. A.**, Belin, T., & Miranda, J. (2013). Pre-placement risk and longitudinal cognitive development for children adopted from foster care. *Child Welfare, 92*, 9–30.
43. Williamson, H. C., Hanna, M. A., **Lavner, J. A.**, Bradbury, T. N., & Karney, B. R. (2013). Discussion topic and observed behavior in couples' problem-solving conversations: Do problem severity and topic choice matter? *Journal of Family Psychology, 27*, 330–335. doi:10.1037/a0031534
44. Bradbury, T. N., & **Lavner, J. A.** (2012). How can we improve preventive and educational interventions for intimate relationships? *Behavior Therapy, 43*, 113–122. doi:10.1016/j.beth.2011.02.008
45. **Lavner, J. A.**, & Bradbury, T. N. (2012). Why do even satisfied newlyweds eventually go on to divorce? *Journal of Family Psychology, 26*, 1–10. doi:10.1037/a0025966
46. **Lavner, J. A.**, Bradbury, T. N., & Karney, B. R. (2012). Incremental change or initial differences? Testing two models of marital deterioration. *Journal of Family Psychology, 26*, 606–616. doi:10.1037/a0029052
47. **Lavner, J. A.**, Karney, B. R., & Bradbury, T. N. (2012). Do cold feet warn of trouble ahead? Premarital uncertainty and four-year marital outcomes. *Journal of Family Psychology, 26*, 1012–1017. doi:10.1037/a0029912
48. **Lavner, J. A.**, Waterman, J., & Peplau, L. A. (2012). Can gay and lesbian parents promote healthy development in high-risk children adopted from foster care? *American Journal of Orthopsychiatry, 82*, 465–472. doi:10.1111/j.1939-0025.2012.01176.x
49. **Lavner, J. A.**, & Bradbury, T. N. (2010). Patterns of change in newlyweds' marital satisfaction. *Journal of Marriage and Family, 72*, 1171–1187. doi:10.1111/j.1741-

50. Heatherington, L., & Lavner, J. A. (2008). Coming to terms with coming out: Review and recommendations for family-systems focused research. *Journal of Family Psychology, 22*, 329–343. doi:10.1037/0893-3200.22.3.329

Book Chapters, Encyclopedia Entries, and Other Invited Contributions

1. Anzman-Fransca, S., Davison, K. K., Fisher, J. O., Francis, L. A., Johnson, S. L., Lavner, J. A., Paul, I. M., Ventura, A. K., & Savage, J. S. (in press). Biography of Leann L Birch. *The Journal of Nutrition*. <https://doi.org/10.1093/jn/nxaa127>
2. Thomas, K. M., Lavner, J. A., †Johnston, Z. E., & †Scofield, C. (in press). Diversity performance, social surveillance, and rescinding human rights: Understanding the health outcomes of diversity resistance. In K. M. Thomas (Ed.), *Diversity Resistance in Organizations*. New York, NY: Routledge.
3. Lamkin, J., & Lavner, J. A. (2019). Antagonism and romantic relationships. In J. Miller and D. Lynam (Eds.), *The handbook of antagonism: Conceptualizations, assessment, consequences, and treatment of the low end of agreeableness* (pp. 269–280). London, United Kingdom: Elsevier.
4. Lavner, J. A., & Bradbury, T. N. (2019). Marriage and committed partnerships. In B. Fiese, M. Celano, K. Deater-Deckard, E. N. Jouriles, & M. A. Whisman (Eds.), *APA Handbook of Contemporary Family Psychology: Foundations, Methods, and Contemporary Issues across the Lifespan* (pp. 445–461). Washington, DC: American Psychological Association. doi:10.1037/0000099-025
5. Lavner, J. A., & Bradbury, T. N. (2019). Trajectories and maintenance in marriage and long-term committed relationships (pp. 28–44). In D. Schoebi and B. Campos (Eds.), *New directions in the psychology of close relationships*. Routledge.
6. Beach, S. R. H., Lavner, J. A., & Bradbury, T. N. (2018). Biography of Francis (Frank) D. Fincham. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Springer. doi:10.1007/978-3-319-15877-8_719-1
7. Lavner, J. A. (2018). Behavioral couple therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Springer. doi:10.1007/978-3-319-15877-8_105-1
8. Lavner, J. A. (2018). Clinical science early career path. *Clinical Science, 21*, 11–12.
9. Lavner, J. A. (2017). Personality features of partner and romantic relationship satisfaction. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. Springer. doi:10.1007/978-3-319-28099-8_838-1

10. **Lavner, J. A., & Bradbury, T. N.** (2016). Effective interventions for optimal relationships (pp. 281–303). In C. R. Knee and H. T. Reis (Eds.), *Positive Approaches to Optimal Relationship Development*. Cambridge, United Kingdom: Cambridge University Press.
11. **Lavner, J. A., & Bradbury, T. N.** (2014). Marital satisfaction change over newlywed years. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life Research* (pp. 3811–3815). Dordrecht, Netherlands: Springer.
12. **Lavner, J. A.** (2013). Adoptive children of gay and lesbian parents: Recent findings and implications for policy and practice. *The Child and Family Policy and Practice Advocate*, 36, 28–30.
13. **Lavner, J. A.** (2013). A critical lens on marriage promotion. [Review of One Marriage under God: The Campaign to Promote Marriage in America, by Melanie Heath]. *Sex Roles*, 68, 517–519.
14. **Lavner, J. A., & Bradbury, T. N.** (2012). Communication. In W. T. O’Donohue & J. E. Fisher (Eds.), *Cognitive Behavior Therapy: Core Principles for Practice* (pp. 325–351). Hoboken, NJ: John Wiley and Sons, Inc.

TEACHING EXPERIENCE

Undergraduate

General Psychology Honors
 Psychology of Love (First Year Odyssey)

Graduate

Clinical Practicum
 Psychology of Sexual Orientation
 Research Design in Clinical Psychology

SERVICE

Journal Reviewing

Associate Editor

Journal of Family Psychology (2019 -)

Editorial Board Member

Family Process (2015 -)
 Journal of Family Psychology (2016 -)
 Journal of Marriage and Family (2015 -)
 Journal of Research in Personality (2018 -)
 Journal of Social and Personal Relationships (2020 -)

Ad Hoc Reviewer

Adoption Quarterly; American Journal of Orthopsychiatry; Annals of LGBTQ Public and Population Health; Appetite; BMC Women's Health; Child Development; Child Development Perspectives; Children and Youth Services Review; Clinical Child and Family Psychology Review; Clinical Psychology Review; Communication Studies; Current Directions in Psychological Science; European Journal of Social Psychology; European Sociological Review; Family Process; Family Science; International Journal of Behavioral Nutrition and Physical Activity; Journal of Adolescence; Journal of Affective Disorders; Journal of Clinical and Translational Research; Journal of Consulting and Clinical Psychology; Journal of Counseling Psychology; Journal of Family Communication; Journal of Family Issues; Journal of Family Psychology; Journal of Family Studies; Journal of Gay & Lesbian Social Services; Journal of GLBT Family Studies; Journal of Homosexuality; Journal of Interpersonal Violence; Journal of Lesbian Studies; Journal of Marriage and Family; Journal of Personality; Journal of Personality and Social Psychology; Journal of Personality Assessment; Journal of Personality Disorders; Journal of Research in Childhood Education; Journal of Research in Personality; Journal of Social and Personal Relationships; Journal of Women & Aging; Marriage and Family Review; Pediatric Obesity; Personal Relationships; Personality and Individual Differences; Personality and Social Psychology Bulletin; Personality Disorders: Theory, Research, and Treatment; Perspectives on Psychological Science; PLOS ONE; Psychology and Sexuality; Psychological Science; SAGE Open; Sex Roles; Sexual and Relationship Therapy; Social Forces; Social Psychological and Personality Science; Social Science Quarterly; Violence Against Women

Book Reviewing

American Psychological Association
Routledge (Taylor & Francis)
Wiley
W. W. Norton & Company

Fellowship and Grant Reviewing

Administration for Children and Families
Israel Science Foundation
National Institutes of Health
National Science Foundation

LICENSURE

2016 - Psychologist, State of Georgia (PSY004024)

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