Personality Inventory for DSM-5 Faceted Brief Form (PID-5-FBF)–Adult

Name/ID: _____   **Age:** ___   **Sex:** __Male __Female   **Date:** _____

Item		Very False or Often False	Sometimes or Somewhat False	Sometimes or Somewhat True	Very True or Often True	Item Score
	Instructions to the individual receiving care: This is a list of things different people might say about themselves. We are interested in how you would describe yourself. There are no right or wrong answers. So you can describe yourself as honestly as possible, we will keep your responses confidential. We'd like you to take your time and read each statement carefully, selecting the response that best describes you.					**Clinician Use**
1	Plenty of people are out to get me.	0	1	2	3	
2	I feel like I act totally on impulse.	0	1	2	3	
3	I change what I do depending on what others want.	0	1	2	3	
4	I usually do what others think I should do.	0	1	2	3	
5	I usually do things on impulse without thinking about what might happen as a result.	0	1	2	3	
6	Even though I know better, I can't stop making rash decisions.	0	1	2	3	
7	I really don't care if I make other people suffer.	0	1	2	3	
8	I always do things on the spur of the moment.	0	1	2	3	
9	Nothing seems to interest me very much.	0	1	2	3	
10	People have told me that I think about things in a really strange way.	0	1	2	3	
11	I almost never enjoy life.	0	1	2	3	
12	I am easily angered.	0	1	2	3	
13	I have no limits when it comes to doing dangerous things.	0	1	2	3	
14	To be honest, I'm just more important than other people.	0	1	2	3	
15	It's weird, but sometimes ordinary objects seem to be a different shape than usual.	0	1	2	3	

Personality Inventory for DSM-5 Faceted Brief Form (PID-5-FBF)–Adult, *continued*

16	I do a lot of things that others consider risky.	0	1	2	3	
17	I worry a lot about being alone.	0	1	2	3	
18	I often make up things about myself to help me get what I want.	0	1	2	3	
19	I keep approaching things the same way, even when it isn't working.	0	1	2	3	
20	I do what other people tell me to do.	0	1	2	3	
21	I like to take risks.	0	1	2	3	
22	Others seem to think I'm quite odd or unusual.	0	1	2	3	
23	I love getting the attention of other people.	0	1	2	3	
24	I worry a lot about terrible things that might happen.	0	1	2	3	
25	I have trouble changing how I'm doing something even if what I'm doing isn't going well.	0	1	2	3	
26	The world would be better off if I were dead.	0	1	2	3	
27	I keep my distance from people.	0	1	2	3	
28	I don't get emotional.	0	1	2	3	
29	I prefer to keep romance out of my life.	0	1	2	3	
30	I don't show emotions strongly.	0	1	2	3	
31	I have a very short temper.	0	1	2	3	
32	I get fixated on certain things and can't stop.	0	1	2	3	
33	If something I do isn't absolutely perfect, it's simply not acceptable.	0	1	2	3	

Personality Inventory for DSM-5 Faceted Brief Form (PID-5-FBF)–Adult, *continued*

34	I often have unusual experiences, such as sensing the presence of someone who isn't actually there.	0	1	2	3	
35	I'm good at making people do what I want them to do.	0	1	2	3	
36	I'm always worrying about something.	0	1	2	3	
37	I'm better than almost everyone else.	0	1	2	3	
38	I'm always on my guard for someone trying to trick or harm me.	0	1	2	3	
39	I have trouble keeping my mind focused on what needs to be done.	0	1	2	3	
40	I'm just not very interested in having sexual relationships.	0	1	2	3	
41	I get emotional easily, often for very little reason.	0	1	2	3	
42	Even though it drives other people crazy, I insist on absolute perfection in everything I do.	0	1	2	3	
43	I almost never feel happy about my day-to-day activities.	0	1	2	3	
44	Sweet-talking others helps me get what I want.	0	1	2	3	
45	I fear being alone in life more than anything else.	0	1	2	3	
46	I get stuck on one way of doing things, even when it's clear it won't work.	0	1	2	3	
47	I'm often pretty careless with my own and others' things.	0	1	2	3	
48	I am a very anxious person.	0	1	2	3	
49	I am easily distracted.	0	1	2	3	
50	It seems like I'm always getting a "raw deal" from others.	0	1	2	3	
51	I don't hesitate to cheat if it gets me ahead.	0	1	2	3	

Personality Inventory for DSM-5 Faceted Brief Form (PID-5-FBF)–Adult, *continued*

52	I don't like spending time with others.	0	1	2	3	
53	I never know where my emotions will go from moment to moment.	0	1	2	3	
54	I have seen things that weren't really there.	0	1	2	3	
55	I can't focus on things for very long.	0	1	2	3	
56	I steer clear of romantic relationships.	0	1	2	3	
57	I'm not interested in making friends.	0	1	2	3	
58	I'll do just about anything to keep someone from abandoning me.	0	1	2	3	
59	Sometimes I can influence other people just by sending my thoughts to them.	0	1	2	3	
60	Life looks pretty bleak to me.	0	1	2	3	
61	I think about things in odd ways that don't make sense to most people.	0	1	2	3	
62	I don't care if my actions hurt others.	0	1	2	3	
63	Sometimes I feel "controlled" by thoughts that belong to someone else.	0	1	2	3	
64	I make promises that I don't really intend to keep.	0	1	2	3	
65	Nothing seems to make me feel good.	0	1	2	3	
66	I get irritated easily by all sorts of things.	0	1	2	3	
67	I do what I want regardless of how unsafe it might be.	0	1	2	3	
68	I often forget to pay my bills.	0	1	2	3	
69	I'm good at conning people.	0	1	2	3	

Personality Inventory for DSM-5 Faceted Brief Form (PID-5-FBF)–Adult, *continued*

70	Everything seems pointless to me.	0	1	2	3	
71	I get emotional over every little thing.	0	1	2	3	
72	It's no big deal if I hurt other peoples' feelings.	0	1	2	3	
73	I never show emotions to others.	0	1	2	3	
74	I have no worth as a person.	0	1	2	3	
75	I am usually pretty hostile.	0	1	2	3	
76	I've skipped town to avoid responsibilities.	0	1	2	3	
77	I like being a person who gets noticed.	0	1	2	3	
78	I'm always fearful or on edge about bad things that might happen.	0	1	2	3	
79	I never want to be alone.	0	1	2	3	
80	I keep trying to make things perfect, even when I've gotten them as good as they're likely to get.	0	1	2	3	
81	My emotions are unpredictable.	0	1	2	3	
82	I don't care about other peoples' problems.	0	1	2	3	
83	I don't react much to things that seem to make others emotional.	0	1	2	3	
84	I avoid social events.	0	1	2	3	
85	I deserve special treatment.	0	1	2	3	
86	I suspect that even my so-called "friends" betray me a lot.	0	1	2	3	
87	I crave attention.	0	1	2	3	

Personality Inventory for DSM-5 Faceted Brief Form (PID-5-FBF)–Adult, *continued*

88	Sometimes I think someone else is removing thoughts from my head.	0	1	2	3	
89	I simply won't put up with things being out of their proper places.	0	1	2	3	
90	I often have to deal with people who are less important than me.	0	1	2	3	
91	I get pulled off-task by even minor distractions.	0	1	2	3	
92	I try to do what others want me to do.	0	1	2	3	
93	I prefer being alone to having a close romantic partner.	0	1	2	3	
94	I often have thoughts that make sense to me but that other people say are strange.	0	1	2	3	
95	I use people to get what I want.	0	1	2	3	
96	I've had some really weird experiences that are very difficult to explain.	0	1	2	3	
97	I like to draw attention to myself.	0	1	2	3	
98	Things around me often feel unreal, or more real than usual.	0	1	2	3	
99	I'll stretch the truth if it's to my advantage.	0	1	2	3	
100	It is easy for me to take advantage of others.	0	1	2	3	

Personality Trait Facet and Domain Scoring: The Personality Inventory for DSM-5 Faceted Brief Form (PID-5-FBF)– Adult

Step 1: Compute the Personality Trait Facet Scores using the Facet Table below.

Step 2: Compute the Personality Trait Domain Scores using the Domain Score Table below.

A. Personality Trait Facet	B. PID-5-FBF items	C. Total/Partial Raw Facet Score	D. Prorated Raw Facet Score	E. Average Facet Score
Anhedonia	9, 11, 43, 65			
Anxiousness	24, 36, 48, 78			
Attention Seeking	23, 77, 87, 97			
Callousness	7, 62, 72, 82			
Deceitfulness	18, 51, 95, 99			
Depressivity	26, 60, 70, 74			
Distractability	39, 49, 55, 91			
Eccentricity	10, 22, 61, 94			
Emotional Lability	41, 53, 71, 81			
Grandiosity	14, 37, 85, 90			
Hostility	12, 31, 66, 75			
Impulsivity	2, 5, 6, 8			
Intimacy Avoidance	29, 40, 56, 93			
Irresponsibility	47, 64, 68, 76			
Manipulativeness	35, 44, 69, 100			
Perceptual Dysregulation	15, 63, 88, 98			
Perseveration	19, 25, 32, 46			
Restricted Affectivity	28, 30, 73, 83			
Rigid Perfectionism	33, 42, 80, 89			
Risk Taking	13, 16, 21, 67			
Separation Insecurity	17, 45, 58, 79			
Submissiveness	3, 4, 20, 92			
Suspiciousness	1, 38, 50, 86			
Unusual Beliefs and Experiences	34, 54, 59, 96			
Withdrawal	27, 52, 57, 84			

A. Personality Trait Domain	B. PID-5-FBF Facet Scales Contributing Primarily to Domain	C. Total of Average Facet Scores (from column E of Facet Table)	D. Overall Average of Facet Scores (The total in column C of this table divided by 3 [i.e., the number of scales listed in column B])
Negative Affect	Emotional Lability, Anxiousness, Separation Insecurity		
Detachment	Withdrawal, Anhedonia, Intimacy Avoidance		
Antagonism	Manipulativeness, Deceitfulness, Grandiosity		
Disinhibition	Irresponsibility, Impulsivity, Distractibility		
Psychoticism	Unusual Beliefs and Experiences, Eccentricity, Perceptual Dysregulation		

Instructions to Clinicians

The Personality Inventory for DSM-5 Faceted Brief Form (PID-5-FBF)– Adult is a 100 item self-rated personality trait assessment scale for adults age 18 and older. It assesses 25 personality trait facets including Anhedonia, Anxiousness, Attention Seeking, Callousness, Deceitfulness, Depressivity, Distractibility, Eccentricity, Emotional Lability, Grandiosity, Hostility, Impulsivity, Intimacy Avoidance, Irresponsibility, Manipulativeness, Perceptual Dysregulation, Perseveration, Restricted Affectivity, Rigid Perfectionism, Risk Taking, Separation Insecurity, Submissiveness, Suspiciousness, Unusual Beliefs and Experiences, and Withdrawal, with each trait facet consisting of 4 items.[1] Specific triplets of facets (groups of three) can be combined to yield indices of the five broader trait domains of Negative Affect, Detachment, Antagonism, Disinhibition, and Psychoticism. The measure is completed by the individual prior to a visit with the clinician. Each item asks the individual to rate how well the item describes him or her generally.

Scoring and Interpretation

Each item on the measure is rated on a 4-point scale. The response categories for the items are 0=very false or often false; 1=sometimes or somewhat false; 2=sometimes or somewhat true; 3=very true or often true. The scores on the items within each trait facet should be summed and entered in the appropriate raw facet score box. In addition, the clinician is asked to calculate and use **average scores for each facet and domain. The average scores** reduce the overall score as well as the scores for each domain to a 4-point scale, which allows the clinician to think of the individual's personality dysfunction relative to observed norms.[2] **The average facet score** is calculated by dividing the raw facet score by the number of items in the facet (e.g., if all the items within the "Anhedonia" facet are rated as being "sometimes or somewhat true," then the average facet score would be 8/4 = 2, indicating moderate anhedonia). The **average domain scores** are calculated by summing and then averaging the 3 facet scores contributing primarily to a specific domain. For example, if the average facet scores on Emotional Lability, Anxiousness, and Separation Insecurity (scales primarily indexing negative affect) are all 2, then the sum of these scores would be 6, and the average domain score would be 6/3 = 2. Higher average scores indicate greater dysfunction in a specific personality trait facet or domain.

Note: If more than 25% of the items within a trait facet are left unanswered, the corresponding facet score should not be used. Therefore, the individual receiving care should be encouraged to complete all of the items on the measure. Nevertheless, if 25% or less of the items are unanswered for a specific facet, you are asked to prorate the facet score by first summing the number of items that were answered to get a partial raw score. Next, multiply the **partial raw score** by the total number of items contributing to that facet (i.e., 4 items). Finally, divide the resulting value by the number of items that were actually answered to obtain the prorated total or domain raw score.

Prorated Score = (Partial Raw Score x number of items on the PID-5 FBF)
                              Number of items that were actually answered

If the result is a fraction, round to the nearest whole number.

Domain scores should not be computed if any one of the three contributing facet scores cannot be computed because of missing item responses.

Frequency of Use
To track change in the severity of the individual's personality dysfunction over time, it is recommended that the measure be completed at regular intervals as clinically indicated, depending on the stability of the individual's symptoms and treatment status. Consistently high scores on a facet or domain may indicate significant and problematic areas for the individual receiving care that might warrant further assessment, treatment, and follow-up. Your clinical judgment should guide your decision.

[1] Maples, J.L., Carter, N., Few, L.R., Crego, C., Gore, W.L., Samuel, D.B., Williamson, R.L., Lynam, D.R., Widiger, T.A., Markon, K.E., Krueger, R.F., & Miller, J.D. (2015). Testing whether the DSM-5 personality disorder trait model can be measured within a reduced set of items: An item response theory investigation of the Personality Inventory for DSM-5. *Psychological Assessment, 27,* 1195-1210.

[2] Krueger, R. F., Derringer, J., Markon, K. E., Watson, D., & Skodol, A. E. (2012). Initial construction of a maladaptive personality trait model and inventory for DSM-5. *Psychological Medicine*, 42, 1879-1890.